



Day 2 Example Itinerary: Leadership and Teamwork

Breakfast: We start the day with a relaxed group breakfast at the hotel before heading out.

Morning: Leadership and Personal Branding in Canary Wharf

Activity Overview:

After breakfast, we take a short 10-minute walk to Canary Wharf, one of London's busiest and most important financial districts, renowned for its innovative architecture and business environment.

Leadership Discussion and Team Building

In the heart of Canary Wharf, participants engage in a discussion about leadership skills, team dynamics, and decision-making in the business world. The emphasis will be on teamwork, communication, and leadership under pressure.

Skills Developed:

- **Communication:** Articulating leadership strategies and approaches.
- **Collaboration:** Working effectively with others under pressure.
- **Critical Thinking:** Evaluating leadership decisions in real-world contexts.
- **Commitment to Excellence:** Striving for high standards in team performance.

Personal Branding Exercise

Participants will reflect on their personal brand. Through guided activities, we'll discuss how to communicate effectively—both visually and verbally—and craft an authentic brand identity.

Skills Developed:

- **Communication:** Expressing personal values and brand clearly.
- **Creativity:** Designing a personal brand that stands out.
- **Commitment to Excellence:** Demonstrating professionalism in personal presentation.

Lunch: We enjoy a relaxed lunch at The Breakfast Club and participants will reflect on the morning's activities, discussing how personal branding and leadership can drive career success.



Afternoon: Escape Room Challenge at Escape London - Whitechapel

Activity Overview:

After lunch, we go to Escape London - Whitechapel for a team-building escape room experience.

Escape Room Challenge:

Participants will work together to solve puzzles and crack codes in a timed escape room challenge. The challenge requires collaboration, critical thinking, and adaptability as teams navigate clues and unexpected obstacles.

Skills Developed:

- **Collaboration:** Sharing ideas and making collective decisions.
- **Communication:** Coordinating and discussing strategies with teammates.
- **Critical Thinking:** Solving abstract problems and overcoming challenges.
- **Creativity:** Thinking outside the box to solve puzzles.

Debrief & Reflection

After the challenge, we gather for a debrief and reflect on what worked, what could have been improved, and discuss insights about teamwork and leadership during the activity.

Dinner: We return to The Good Hotel for a brief rest. Following this, we head to dinner at Tapa Tapa which offers a variety of delicious tapas dishes in a comfortable and enjoyable setting.

Discussion Prompt: What leadership and teamwork lessons from today's activities can you apply to your own personal and professional goals?

Summary:

- **Integrated Learning:** The day blends hands-on leadership exercises with engaging activities that reinforce teamwork, collaboration, and critical thinking.
- **Hands-On Challenges:** From leadership discussions in Canary Wharf to the escape room challenge, the day encourages participants to think critically, work together, and solve problems creatively.
- **Reflection and Development:** Through debriefs and dinner discussions, participants will reflect on how the skills they've developed can be applied in real-world scenarios.